



Action Group A2: Gestione della salute personale e prevenzione delle cadute degli anziani

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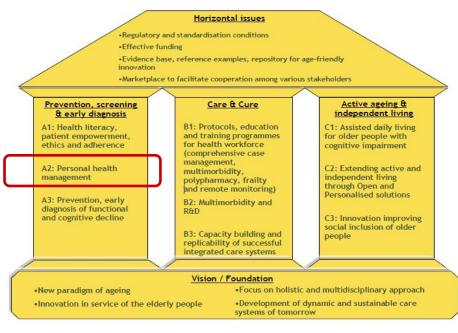


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Strategic Implementation Plan: A2



- Implementation by and sustained engagement of older people in integrated falls prevention programmes
- Work across traditional system and professional boundaries.
- Network of actors involved in ongoing cooperation and on new common activities to develop/adapt guidelines and best practice sharing in falls prevention.

The final goal is to have by 2015, in at least 10 European countries (15 regions) validated and operational programmes for early diagnosis and prevention of falls. The programmes will use innovation in organisation, delivery and business models, in risk registers, toolboxes and services. Good practices will also be made available for replication in other regions.



The Regional Team



ASL Piacenza
AOU Parma
AO Reggio Emilia
ASL Reggio Emilia
ASL Modena
AOU Bologna
AUSL Imola
AUSL Forlì
IOR Bologna
AOU Ferrara*

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Building on a number of seminal regional initiatives involving different Local Health Authorities (LHAs), research institutions and industrial stakeholders, this action aims to establish a **regional network for falls prevention**.

The action will substantiate in the following steps, involving to different extents both inpatients and outpatients:

- 1)Collection, digitalisation, and retrospective analysis, within the FSE (Electronic Health Dossier) of relevant fall-related information (Registro Regionale Cadute, RRC);
- 2)Development and validation of a personalised fall risk model, integrating known fall risk factors, clinical balance measures, and parameters extracted from wearable inertial sensors through appropriate epidemiological methods and psychometrically sound techniques;

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2/2

- 3) Deployment and evaluation of tailored ICT-based solutions for fall detection and prevention;
- 4) Classification of fall risk factors according to the International Classification of Functioning, Disability and Health (ICF) to allow interoperability among different clinical specialties and, in perspective, across European Regions;
- 5) Mapping of the identified fall risk model into an operational programme for the prescription of personalized interventions and/or ICT-based assistive devices for falls prevention and rehabilitation in community dwelling older subjects; intensive monitoring of high-risk patients at hospital discharge; specific training for personal carers of high-risk subjects.





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